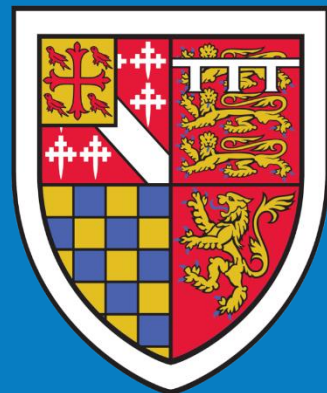




St Edmund's College

Freshers' Guide 2019-2020



CR Executive Committee

Contents

College Map	2
An Introduction to Eddie's	3
Welcome from Your CR President	4
Who's Who in College	5
Moving In	6
Travelling to Cambridge and Getting to Eddie's	6
Arriving at St Edmund's	7
Your Accommodation	7
What to Bring: A Checklist	9
Finances – Opening a Bank Account and College Invoices	10
Academic Matters	12
Terms – Names and Dates	12
Buying an Academic Gown	12
Matriculation	13
Your Studies	13
Welfare	15
Support in College	15
University Resources	16
Life in College	18
Emergency Contacts	18
Meals in Hall	18
Formal Halls and College Guest Nights	20
Edspresso and Eddie's Bar	20
College Societies	21
Maintenance Support	21
Cambridge Glossary	21
Useful Links	22

1 NORFOLK BUILDING

MAIN RECEPTION (24/7)

BURSAR'S OFFICE (1ST FLOOR)
COLLEGE ADMINISTRATOR (1ST FLOOR)
COMBINATION ROOM & BAR
DEVELOPMENT OFFICE (1ST FLOOR)
DINING HALL
EDSPRESSO COFFEE SHOP
FINANCE OFFICE
HUDDLESTON ROOM
IT OFFICE
MASTER'S OFFICE (1ST FLOOR)
NORFOLK LIBRARY (2ND FLOOR)
OKINAGA ROOM (5TH FLOOR)
TEACHING ROOMS 1 & 2
TUTORIAL OFFICES (1ST FLOOR)

2 LIBRARY BUILDING

GARDEN ROOM

ORCHARD GARDEN
TERRY MCLAUGHLIN &
MICHAEL MURPHY ROOMS (2ND FLOOR)
GYM AND MUSIC ROOM (BASEMENT)

3 BENE'T HOUSE

VON HÜGEL INSTITUTE
SCR (BULMAN ROOM)
BENE'T HOUSE MEETING
ROOM

4 STUDIO FLATS

LAUNDRY

5 MOUNT PLEASANT HALLS

PORTERS' LODGE
COMMON ROOM
LAUNDRY

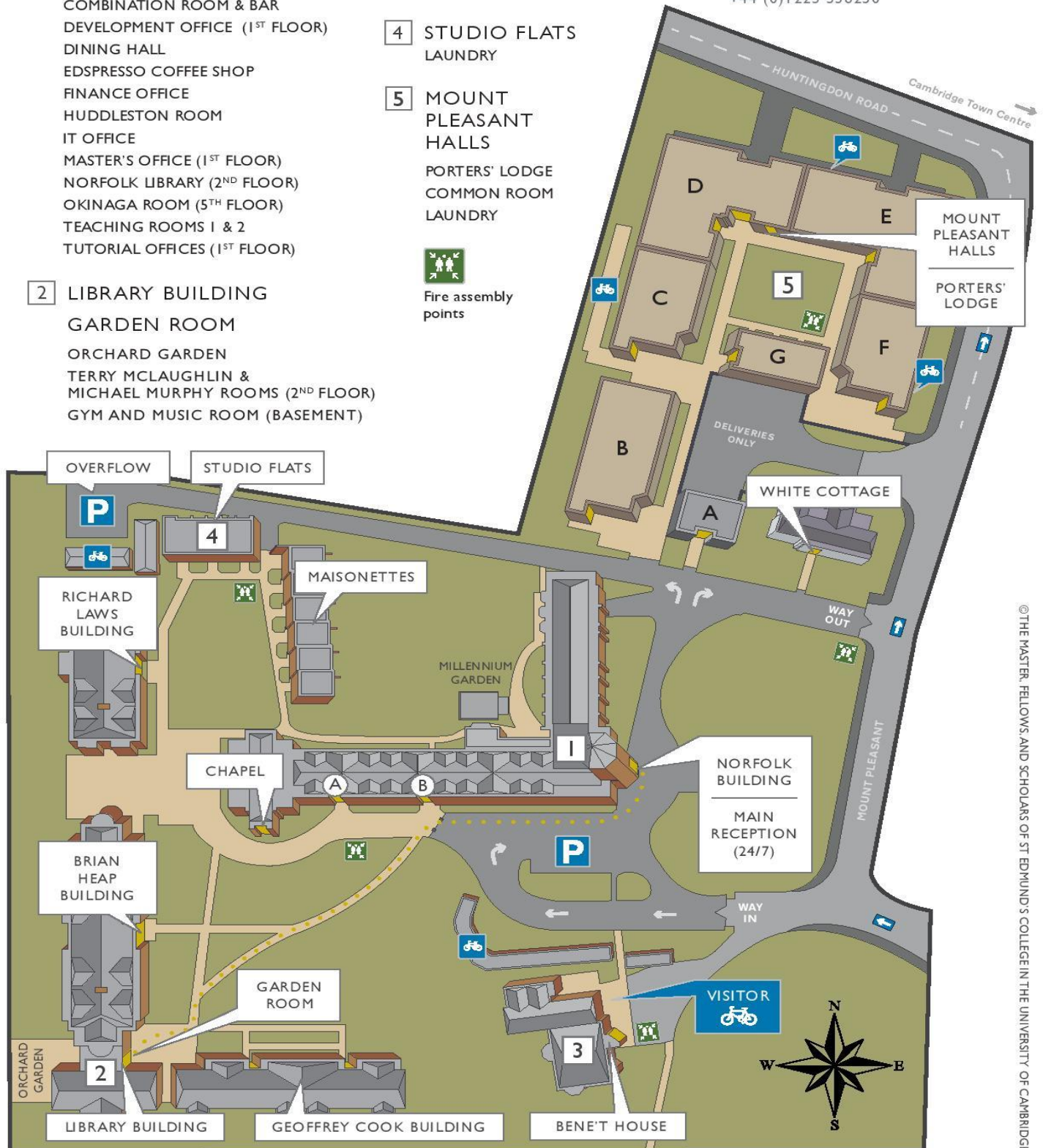


St Edmund's College
University of Cambridge

CAMBRIDGE
CB3 0BN
+44 (0)1223 336250



Fire assembly
points



© THE MASTER, FELLOWS AND SCHOLARS OF ST EDMUND'S COLLEGE IN THE UNIVERSITY OF CAMBRIDGE

An Introduction to Eddie's

As a mature and postgraduate College, St Edmund's (popularly known as Eddie's) welcomes a high number of new students every year. While the faces may change, what makes this College special clearly endures.

The vibrant energy that characterises this place is nourished by its amazing diversity. More than 85 countries are represented here. The college was founded as a home for Catholics at a time when they found themselves on the margins. Today, Eddie's continues to be a home for the different. It hosts students from around the world and from vastly different cultures and stages of life, but who fit perfectly into our mosaic.

We meet for poetry in the Okinaga Room atop the tower, painting in the Combination Room, drinks in the bar, plays in the Garden Room, gardening in the greenhouse, barbecues in the orchard, and football on the field. We fly the rainbow flag high above and drape it across the wall of our bar. We punt because, hey, ours are free. Here, you can walk on the grass. But don't disturb the family of ducks – they belong here, too.

Esteban García, St Edmund's student 2018-2019



The Norfolk Building.

Welcome from Your CR President



Whatever has brought you to Eddie's – welcome!

It is hard to overstate how vibrant, intimate, and rich our community is. As a College for mature and postgraduate students, the depth and breadth of our community is unparalleled. For example, I am now in my mid-thirties and I am a second-year law undergraduate. Before coming to Cambridge, I had a career as a domestic and international sign language interpreter. My experience is not unusual at Eddie's. Do talk to your fellow students over drinks and dinner: everyone has a story!

As the President of your CR, it would be remiss of me to not talk about the importance of student engagement. The intimacy of our environment extends to our relationship with College. We can, and do, make a difference to the everyday experience in our shared 'home', such as working with the College and the Alumni Society to fundraise for a new floor in our CR. We also run the bar, and all College bops (parties!): we know the importance of fun to go alongside studies. Please make a note in your diaries of CR General Meetings. It is a great way to meet other students and contribute – your opinion matters. See [the CR website](#) for more information and join [our Facebook group](#) to stay up to date.

Wherever you're coming from, and wherever you end up going to, I am sure your time at Eddie's will stay with you. I look forward to meeting you all in Michaelmas.

Matthew Banks, Eddie's CR President

Who's Who in College

The College is owned and governed by the Governing Body. This consists of the Master and Fellows of the College; it has ultimate authority in the running of the College. Fellows are typically holders of academic posts in the University of Cambridge that are formally linked to the College. The day-to-day activities of the College are organised and run by the Council, which is advised by several smaller committees which meet regularly. A complete list of these committees is detailed in the [Blue Book](#).

Senior College Administration

The **Master** is the chair of the Governing Body and the Council. They work closely with fellow members of the administration and also represent the College in various ways.

The **Vice-Master** deputises for the Master in their absence and undertakes other duties assigned by the Governing Body.

The **Senior Tutor** has overall responsibility for Tutorial matters in their various aspects and is the chair of the Tutorial Committee. Their remit and responsibility relate to matters concerning the education, discipline, and welfare of the students of the College.

The **Dean** is responsible for the College Liturgy in accordance with the current rites and ceremonies of the Roman Catholic Church and works closely with the Tutors on matters of student welfare. As the chair of the Dean's Committee, the Dean is always happy to meet students to discuss personal or pastoral matters.

The **Bursar** is responsible for the non-academic administration and for the financial and domestic management of the College. The staff of the College report to them.

The **Development Director** is responsible for leading the College's fundraising and alumni relations activities.

This is not an exhaustive list. The College website provides a run-down of [the College officers](#).

Moving In

Travelling to Cambridge and Getting to Eddie's

Cambridge's proximity to London makes it easily accessible using transport links around the UK as well as the multiple international airports in the capital. There are several ways of getting to Cambridge, depending on where you are travelling from.

The College website details [directions to St Edmund's](#) with suggested routes for different modes of transport.

Cambridge's train station is connected to London King's Cross and Liverpool Street Stations, London Stansted Airport, and Birmingham. Full information on train times and ticket prices can be found on [the National Rail website](#).

Most students flying to Cambridge will come via a London airport. Stansted is the nearest airport and accessible by [a direct train or coach journey to Cambridge](#). London Luton airport requires you to either take a train via London to Cambridge, or take a coach directly to Cambridge with [National Express](#). For Heathrow and Gatwick airports, you can reach Cambridge by trains that go via London. Both Heathrow and Gatwick also have direct coach services that will take you to Cambridge.

If you plan on making frequent train journeys during the upcoming academic year, you might want to consider purchasing a 16-25 railcard at the train station, which will give you a third off all rail travel for a year (www.16-25railcard.co.uk). If you are over 25 and a student, regardless of where you are from, you are also eligible for one of these cards but only once you have arrived. You will need the Tutorial Office to sign a letter proving your student status. The railcard costs £30 and you'll need to take a passport photo and ID with you when you purchase it. There are also separate railcards to support students with disabilities.

Cambridge is a relatively small city so, once you arrive, our College is not too far away! Eddie's is a 40-45 minutes' walk from the train station, or a 20-25 minutes' walk from Parker's Piece (where coaches alight).

We recommend that you use [this university map](#) to familiarise yourself with the city before you arrive.

Since you will probably have heavy luggage when you first arrive in Cambridge, you will likely want to book a taxi (cab) to College. Taxis are available any time of the day for a fare of £8-15 when travelling to Eddie's.

Taxis are nearly always waiting for passengers at the train and bus stations so there's often no need to book. However, if you need a taxi number call 'Panther Taxis' (01223 715715), or [book online](#).

For Categories 1-5, and 8-11, your address is:
St Edmund's College, Mount Pleasant, Cambridge, CB3 0BN

For Categories 6 and 7, your address is:
Mount Pleasant Halls, Mount Pleasant, Cambridge, CB3 0BL



The Eddie's ducks!

Arriving at St Edmund's

While Full Term (see below for term dates) does not begin until Tuesday 8th October 2019, **you are welcome to arrive from Tuesday 1st October 2019**. However, College social events won't begin until Wednesday 2nd October 2019. If you have a pre-session course that runs before this date, please get in contact with our Rooms Administrator (accommodation@st-edmunds.cam.ac.uk) to discuss the possibility of moving in earlier. You will be charged at the daily rate starting from the date that you move in (if you're arriving before the start date stated on your accommodation contract).

Your Accommodation

If you have been given a room in College, you have nothing to worry about. Just head to the Main Reception (in the Norfolk Building) when you arrive and everything will be sorted.

N.B. If you have accommodation in Mount Pleasant Halls please still report to the Main Reception to collect your university card first. You will need this before checking into your accommodation.

When you arrive into your bedroom there will be an **Accommodation Handbook** on your desk that will help you understand the accommodation and facilities.

If you have not been allocated a room in College, there are a number of options. [The University Accommodation Service website](#) gives useful information and advice on how to find accommodation. You will also be able to register to search for both university-owned (other colleges) and private properties. Commercial estate agents can also prove very helpful. You can look for services like [Rightmove](#) to find a room or an apartment to share in Cambridge.

If you are an **international student**, the University has created a specific [guide](#) for you. The Students' Union also has plenty of information and advice for international students: <https://www.international.cusu.cam.ac.uk/>



Sunset over Eddie's orchard: a view from the Richard Laws Building.

What to Bring: A Checklist

1. Bring important **documents** such as your student Visa (if you are coming from outside the EU), Passport, relevant ID, University/College acceptance letter, Bursary/Grant papers, insurance etc. Make sure these documents, or photocopies of them, are in your hand luggage.

2. Remember to pack any prescription **medication** that you take. Making sure you are up-to-date with vaccinations is particularly important. Also note that, as a student, you are covered by Britain's National Health Service (NHS) medical insurance. Representatives from [Huntingdon Road Surgery](#), the closest GP surgery to Eddie's, have kindly offered to come to college during Fresher's Week so that new students can register and have an opportunity to ask questions. Check [the Eddie's CR Calendar](#) for details about where and when this will be.

Please also remember to fill in and return the new students' Health Questionnaire to the college nurse, Taryn, before you come to Cambridge. You should have been emailed this questionnaire so please contact the Tutorial Office if you haven't received this form yet. If you have any questions or concerns concerning your physical and mental health, you can make an appointment to chat with Taryn to discuss your needs and the support available. It is especially important that students with serious conditions such as severe allergies, asthma, diabetes, or epilepsy contact her as soon as possible upon their arrival. (See the Support in College section below).

3. Cambridge can get quite cold in the winter. You will want to bring **weather-appropriate clothes** that can keep you warm when temperatures reach as low as -10°C. But keep in mind it can also get up to 30°C on hot summer days. We recommend that you bring with you a raincoat, a warm winter coat, sturdy shoes for walking, a warm hat, gloves, a scarf, and an umbrella. For **formal** dinners in hall and for matriculation (see the Academic Matters section below), you will need a formal dress and/or smart matching suit jacket and trousers. All these items can be purchased in Cambridge, but not always at student-friendly prices!

4. Don't forget to bring **plug adapters** for your **electronic devices**. The UK uses a 240V electric grid with 3-hole sockets. It is advised that you bring an adapter of your own to be on the safe side (or purchase one in town when you arrive). All electrical items fitted with an international plug will also need to be PAT (Portable Appliance Testing) tested by electricians. Please ask at reception about this, and the maintenance department in College should be able to sort this for you. Remember that we are only allowed to use electric kettles in our rooms.

5. Bringing a moderate amount of **cash** in GB Pounds Sterling is also a good idea. Bank accounts may take a few days to open and so you should ensure that you have enough money in the

meantime to cover small expenses that arise in the first few days (e.g. groceries and transport to Cambridge).

6. Home comforts! Being far from home and familiar surroundings can be stressful, and the pressures of starting your degree may add to this anxiety. You might want to bring something that reminds you of home to keep in your room.



Eddie's orchard in spring: a view from the back gate of the College.

Finances – Opening a Bank Account and College Invoices

The College and the University should have already provided you with [information](#) regarding the fees for studying in Cambridge.

The people to contact regarding financial issues and concerns will be your College Tutor (see the Welfare section below) or the Bursar (bursar@st-edmunds.cam.ac.uk). Do make sure you get in contact as soon as you are aware that there may be a problem.

- Opening a Bank Account

If you're coming to Cambridge as an international student, one of the first things we recommended you do once you've arrived in Cambridge is to open a UK bank account. CUSU have advice under the 'Finance' heading on [this page](#). There are many different banks which have branches in Cambridge. [Barclays](#), [RBS](#), and [Natwest](#) are popular choices and they each offer accounts for international students and you can sign up online for an appointment to open an account.

- College Invoices

College sends invoices **as a PDF document** to your University email account (CRSid@cam.ac.uk) which need to be paid termly in most cases, or monthly. Keep an eye out for the first invoice arriving in your email inbox in the first week of October. The invoice includes your rent, Kitchen Minimum Billing, and college and university fees, depending on how you are funded. Each invoice needs to be paid at the beginning of the term in order to avoid accumulating a penalty interest charge of 1.5% per month. The College website has [more information](#) about what to expect where invoices are concerned.

College accepts payments for these invoices in multiple ways but please note that all payments must be made in GB Pounds Sterling.

Payment methods include:

- i) Direct Deposit – full details are available on the bottom of college invoices. To find out how to pay online, go to www.st-edmunds.cam.ac.uk/payments/.
- ii) Cheque or Bank Transfer – these are to be made payable to 'St Edmund's College' and must be in GB Pounds Sterling.

Cash payments, cheques, and debit or credit card payments are all made at the College Reception. Please note that a 2% surcharge will be added to your total for credit card or international debit card payments. Due to insurance reasons, payments in cash of more than £500 cannot be accepted.

If there is a problem with your invoice or if you have any further questions concerning payment methods, you can go and see the Accounts Office in the Norfolk Building, or alternatively send them an email at charges@st-edmunds.cam.ac.uk.

Academic Matters

The University of Cambridge is famous for its quirks and traditions regarding academic matters, and this section aims to demystify them! For an explanation of other Cambridge-specific terms, see the links under the **Cambridge Glossary** section.

Terms – Names and Dates

The academic year at Cambridge begins on the 1st of October and finishes on the 30th of September each year. It is divided into three 8-week terms; each is called a Full Term and begins on a Tuesday.

The Full Term dates for the 2019-2020 academic year are:

Michaelmas Term: Tuesday 8th October – Friday 6th December

Lent Term: Tuesday 14th January – Friday 13th March

Easter Term: Tuesday 21st April – Friday 12th June

During Full Term, undergraduate and postgraduate students are expected to be in residence. An exception to this would be postgraduate students who need to work away for more than two weeks. There is more information about applying for postgraduate leave [here](#).

Buying an Academic Gown

Your gown is worn for Matriculation (see below), Graduation, and formal halls. You can get a second-hand gown from a former Eddie's student. You can also purchase or hire one from the [Graduate Union shop](#). The GU also have [a handy guide](#) so you can work out which gown you need – there are several different types of gown, and your academic status determines which one you wear.

[Ryder & Amies](#) in the centre of town also sell academic gowns. We are organising a trip to Ryder & Amies during Freshers' Week so be sure to check [the Eddie's CR Calendar](#) for more details.

Matriculation

Matriculation is every student's formal enrollment as a member of this University and their College. At Eddie's, we have a service in the college chapel followed by a drinks reception in the Garden Room and an inaugural formal dinner. There are three separate matriculation ceremonies: due to limited space in the chapel and dining hall, we cannot matriculate all new students at once. This year, the three matriculation ceremonies will be held on **Friday 11th October, Monday 14th October, and Monday 21st October.**

You will receive an official invitation to a specific ceremony, based on your College tutor group, from the Tutorial Office at the beginning of the Michaelmas term. Make sure you check your email and your pigeonhole in the post room. Each Matriculation ceremony will begin at **6.15pm** in the chapel. Attendance is mandatory. Formal wear and your academic gown are required. Please make sure you arrive in good time for the start of the service.

If for whatever reason you can't attend the ceremony which College assign you to, please get in touch with the Tutorial Office as soon as possible (either go and see them in the Norfolk Building or email tutorial@st-edmunds.cam.ac.uk).

Your Studies

Your faculty/department should have provided you with a **course handbook** that you will need to familiarise yourself with.

As an undergraduate, you'll have a **Director of Studies (DoS)** who will be responsible for overseeing your academic progress during your time at Cambridge. More information can be found via [CamSIS](#) or by contacting the Tutorial Office (tutorial@st-edmunds.cam.ac.uk).

Cambridge's educational programme is intensive and highly individualised. You have access to an immense array of knowledge, ideas, and information, but in order to get the most out of this experience you will need to pro-actively engage with the learning opportunities and resources presented to you. For undergraduates, there will be several exercises or problem sheets you will be asked to complete, or weekly essays to write, over the course of the year. You will have to submit these to your supervisors prior to meeting them in each supervision.

For most academic courses involving exams, Easter term is when the bulk of those exams (if not all of them) will take place. To aid with exam preparation, the College typically offers access to extra study rooms, and the CR Welfare team holds exam care events in the evenings. If you have specific access requirements for exams, please speak to your Tutor and the [Disability Resource Centre](#) (DRC) before Easter term begins. (See the University Resources section.)

If you are coming to Eddie's for a research-based degree, such as an MPhil, MRes, or a PhD, deadlines for dissertation submissions typically range between June and August, and the work is carried out throughout the academic year.

If you are an **undergraduate** at Cambridge, you will receive standard lectures that are organised by the University departments. You will also receive supervisions that are usually organised by your College. The **supervision** system makes Cambridge unique in comparison with most universities. Conducted in small groups, these teaching and discussion sessions allow you learn and explore your subject on a one-to-one level. Undergraduate **grading** is based on the UK wide degree classification system. Work will be typically given a grading ranging from a 1st, 2i, 2ii, 3rd or pass (where a 1st is the highest classification) although some departments use other classifications. This grading system will also be used for your final classification of degree. If you want to know how things will be marked for your subject, ask your Director of Studies.

As a **one-year postgraduate (Masters)** student, you will work with a course organiser or supervisor who is responsible for overseeing your degree plan. One-year students are also often required to attend lectures and seminars as part of their course.

PhD students are assigned a supervisor by their department whose area of expertise is similar to their proposed thesis topic. Postgraduates work very closely with their supervisor, so it is important to develop a good relationship with them. You may also be assigned a secondary advisor and you will be assigned a College Tutor from Eddie's. All of these individuals will help you with your scholarly and personal achievements while you are at Cambridge.



Eddie's People Assemble!

Welfare

Support in College

Eddie's CR Committee is proud to make student well-being a priority.

Our committee has a **welfare team** led by the **CR Welfare Officers** (cr-welfare@st-edmunds.cam.ac.uk). The team also consists of: the **BAME Officer** (cr-bame@st-edmunds.cam.ac.uk), the **Families' Officer** (cr-families@st-edmunds.cam.ac.uk), the **LGBTQ+ Officer** (cr-lgbt@st-edmunds.cam.ac.uk), and the **Women's Officer** (cr-women@st-edmunds.cam.ac.uk). Please don't hesitate to get in touch with any of the welfare team if you would like an informal and confidential conversation about any concerns you might have. Their job is to signpost you to the services and people that will help and support you. The welfare team will run different events and sessions throughout the year. Keep an eye on your emails and [the Facebook group](#) for more information.

There is a **Condom Fairy** (cr-condoms@st-edmunds.cam.ac.uk) who will deliver condoms, lube, and pregnancy tests anonymously to your pigeonhole within c.24 hours of your request.

In the first term especially, your **Buddy** will be an important point of contact. This person is a current student whose degree is in a similar area to your own. They will be able to answer any queries you might have prior to coming to Cambridge and when you're settling in. Remember: there are no silly questions! Please let Elsie (erl43@cam.ac.uk) know if you haven't heard from your Buddy by Freshers' Week, or if you have any other questions about the Buddy system.



Every student at Eddie's is assigned a [College Tutor](#), who should get in touch with you during Freshers' Week. They are here to provide support for you, by being someone to whom you can speak confidentially about anything from work, money, illness, friends, and family. They will also help you by signposting you to services that can offer more support, and guiding you with supervisor relationships and financial aid forms. You may ask to see any Tutor (including the Senior Tutor) at any time. If you have an urgent query or problem and you can't reach your Tutor, you can always ring the Tutorial Office (01223 336252).

Taryn, the [College Nurse](#), and Father Alban, the [College Dean](#), are also able to provide pastoral care and additional welfare support. There is also a [College Counsellor](#).



Eddie's orchard at night.

University Resources

The University offers a [Counselling Service](#) for students. Wait times for this service can be long, so if you think it is a service you may need, it is good to sign up early. Please do not hesitate to speak to your Tutor as the wait time can be shortened.

Alternatively, your GP (Doctor) can refer you for counselling on the NHS, regardless of wherever you are from. If you find yourself in a crisis, you can contact Cambridge Nightline (7pm to 7am during Full Term: 01223 744444), Samaritans (01223 116123), or the Emergency Services (999). Please also see the Emergency Contacts section below.

The [Disability Resource Centre](#) is there to offer support for students with a range of 'visible' and 'invisible' disabilities. If you have a disability, it is important that you register with the DRC so that you can claim any reasonable adjustments (e.g. deadline extensions or exam access arrangements) which you may require in order to complete your studies. They offer services such as mentoring, assistance with navigating University systems and protocols, and study skills counselling. You are invited to contact them whenever you have any questions or need any assistance or advice from them.

CUSU have a [Disabled Students' Campaign](#) which also offers resources and support.

The University itself has lots of [information](#) about student well-being.

If you encounter a problem, academic or otherwise, while you are at Cambridge you can discuss it and talk through your options with one of the advisors from [SUAS \(Students' Unions' Advice Service\)](#). They provide free, independent and confidential support to undergraduates and postgraduates.

The student-led charity group, [Student Minds Cambridge \(SMC\)](#), is committed to increasing awareness and improving university provisions for mental health support. This year, a team of Eddie's college reps for SMC will be organising events.



The Norfolk Building tower.

Life in College

This section contains important information to ensure that your time at Eddie's runs smoothly and happily!

Emergency Contacts

The College has a protocol in place if you feel unsafe or wish to report any incident. During office hours, the first point of contact for assistance is Reception, which is staffed 24 hours a day, 7 days a week.

The next step is the Cambridge Police Station (39 Parkside, Cambridge CB1 1JG, 01223 358966) if you feel your safety or that of others is at risk. For non-emergent medical situations, you can call the NHS Non-Emergency Help-Line. For all other situations, please contact the Emergency Services (999).

Main Reception	01223 336250 reception@st-edmunds.cam.ac.uk
Mount Pleasant Halls (MPH) - Porters' Lodge	01223 767400
Night Porter	07879 116877
NHS 111 Service (Non-Emergency Help Line available 24/7)	111
Huntington Road Surgery	01223 364127 03301 239131 (Out of hours)

Meals in Hall

The College's catering team endeavours to accommodate any of your dietary needs whether for health, religious, or lifestyle reasons. If you have any specific **dietary requirements** you can email Catering (catering@st-edmunds.cam.ac.uk). You are always welcome to speak to the Catering staff in Hall directly.

All members of College are required to pay a termly **Kitchen Minimum Billing (KMB)**. Your University card acts as a meal card. Once the credit on the card has been used, students can top up using the Kappture app or by visiting Reception. For all full-time students, living in

and out of College, the termly charge for KMB is £180. For part-time students who live out of college, the termly charge for KMB is £50.

All standard meals in College are served cafeteria style. Make sure to take your university card with you to pay for your meal. If you do not have your university card with you then debit card payments can also be accepted. The **meal times** in Hall during term time are as follows:

Breakfast: Monday to Friday from 8:00am to 9:30am

Lunch: Monday to Friday, and Sunday from 12:30pm to 2:00pm

Dinner: Monday to Friday from 6:30pm to 7:45pm if there is no Formal Hall
(and from 6:00pm to 6:45pm on Formal Hall and College Guest Nights)

Brunch: Only on Saturday from 11:00am to 12:30pm

The [weekly menu](#) is posted on the College website.

In addition to this, there is tea, coffee, and biscuits served in the Norfolk Building CR every weekday at 11am and 3pm, and on Sundays at 4pm. This is a time where the whole college - staff and students alike - gathers and socialises.



Eddie's Dining Hall after a formal.

Formal Halls and College Guest Nights

A large part of Cambridge tradition is the regular occurrence of Formal Hall nights in each College. On these occasions, students and other guests of the College gather for a formal three-course meal held in the Dining Hall. These events provide the opportunity to engage in rich and stimulating conversation with a wide host of guests from all backgrounds, as well as being a great way to showcase Eddie's to friends and family. Formal suits or dresses and academic gowns must be worn by students. College Guest Nights have an extra course of cheese and port wine served at the end of the dinner.

Unlike the majority of other Colleges, we do not have a High Table at formal dinners: you'll socialise with students and Fellows alike!

You can book places at formals via the college website, which also details [the rules for formal dining in College](#).

Edspresso and Eddie's Bar

The College's coffee shop – **Edspresso** – is open Monday to Friday from 9.30am to 8pm. On offer are a range of food items such as sandwiches and salads, sweets and savoury snacks, and an array of hot and cold drinks.



Edspresso in action!

Eddie's Bar epitomises the informal and international ethos of our College. It is a unique place, and the heart of our community. It is managed and run by Eddie's students and offers a great range of drinks, including high-quality spirits, selected wines and whiskeys, and international lagers – all at student-friendly low prices. If you are interested in receiving training to become a member of the bar staff, please contact the bar stewards (cr-bar@st-edmunds.cam.ac.uk). All Eddie's bar staff are unpaid volunteers.



Eddie's Bar in full swing!

College Societies

Eddie's has several College Societies in which all members can participate. These include the Poetry Society, the Gardening Society, and an assortment of Sports Clubs like Football, Rowing and Mixed Netball, among others. To find out more, come to the **Eddie's Freshers' Fair** scheduled for Freshers' Week, and check out [the Facebook page](#).

Maintenance Support

If you live in College and encounter a problem with the **facilities** or your **accommodation**, you can [submit a maintenance request](#) to notify the team, who will look into it as soon as possible. Alternatively, you can send an email: maintenance@st-edmunds.cam.ac.uk. For **IT-related issues** you can email the IT manager in College: it-support@st-edmunds.cam.ac.uk.

Cambridge Glossary

The [University](#) and the [Graduate Union](#) have compiled very useful run-downs of all the odd Cambridge lingo you will encounter during your time here. Take a look at their lists!

Useful Links

The **Students' Union's Freshers' Guide** has great advice about preparing for the start of Michaelmas: <https://www.freshers.cusu.co.uk/freshers-week/>

The University has advice and instructions tailored to new students about **Student Registration** and getting **email access**: <https://help.uis.cam.ac.uk/new-starters/it-for-students/getting-started/get-started>

You might also want to check out **CamGuides** – a set of resources designed for students who are preparing to begin undergraduate, or taught Master's, degrees at the University of Cambridge. It was created by University library staff, with feedback and insights from students and academics at Cambridge. It is not subject or college specific.

<https://camguides.lib.cam.ac.uk/>

[The College website](#)

[The CR website](#)

